

**SRI VENKATESWARA COLLEGE
(UNIVERSITY OF DELHI)**

EVENT REPORT

NAME OF THE EVENT: SUICIDE PREVENTION WORKSHOP			
DATE	DEPARTMENT	COMMITTEE/SOCIETY	COORDINATORS' NAME
14th March 2024	-	Empathise - Mental Health Society	Dr. Ritika Singh
TIME	VENUE	NUMBER OF PARTICIPANTS	NATURE: Outdoor/Indoor; online/offline/hybrid
10:30 am - 12:30 pm	Room No - 301	19	Indoor; Offline
FINANCIAL SUPPORT/ASSISTANCE (if any):	-		

BRIEF INFORMATION ABOUT THE ACTIVITY

TOPIC/SUBJECT OF THE ACTIVITY	Workshop on suicide prevention to inculcate required awareness and knowledge about the same
OBJECTIVES	To educate the attendees relating to the topics of suicide prevention
METHODOLOGY	Workshop
INVITED SPEAKERS WITH AFFILIATION DETAILS (IF ANY)	<p>Lekhanshi Manocha (she/her) is a suicide prevention facilitator. She is pursuing a postgraduate degree in Psychology from North Campus, University of Delhi. Her passion lies in contributing to the society as a therapist, researcher, and mental health advocate.</p> <p>Neha Sharma (she/her) is a suicide prevention facilitator . She is currently pursuing a Bachelor's degree in Psychology from the School of Open Learning, University of Delhi. Neha is deeply passionate about making a difference in society through her work as a facilitator, mentor, and</p>

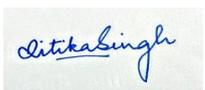
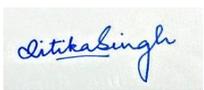
	advocate for mental health and well-being.
OUTCOMES	Students gained knowledge about the topic and the related terminologies

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PROOFS & DOCUMENTS ATTACHED (Tick mark the proofs attached):

1 Notice & Letters ✓	2 Number of Participants & Name of participants ✓	3 Video clip ✓	4 Photos ✓	5 Feedback Form & analysis
6 News clip with details	7 Sample Copy of the Certificate ✓	8 Posters/ Invites ✓	9 Event report Attested by Event Coordinator & IQAC Coordinator ✓	10 Any other document

IQAC Document No: IQAC/SVC/2023- 2024/EMP/06	Criterion No: V
Departmental file no: EMP/2023- 2024/EMPSOC/06	IQAC file No: SVC/2023- 24

NAME OF TEACHER & SIGNATURE	NAME OF HEAD/ COMMITTEE INCHARGE & SIGNATURE	IQAC COORDINATOR (SEAL & SIGNATURE)
 Dr. Ritika Singh	 Dr. Ritika Singh	

For Reference

Criterion I	Curricular Aspects (planning &	Criterion V	Student Support & Progression
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	Implementation)		
Criterion II	Teaching Learning & Evaluation	Criterion VI	Governance
Criterion III	Research, Innovations & Extension	Criterion VII	Institutional Values & Best Practices
Criterion IV	Learning Resources and Infrastructure		

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REPORT

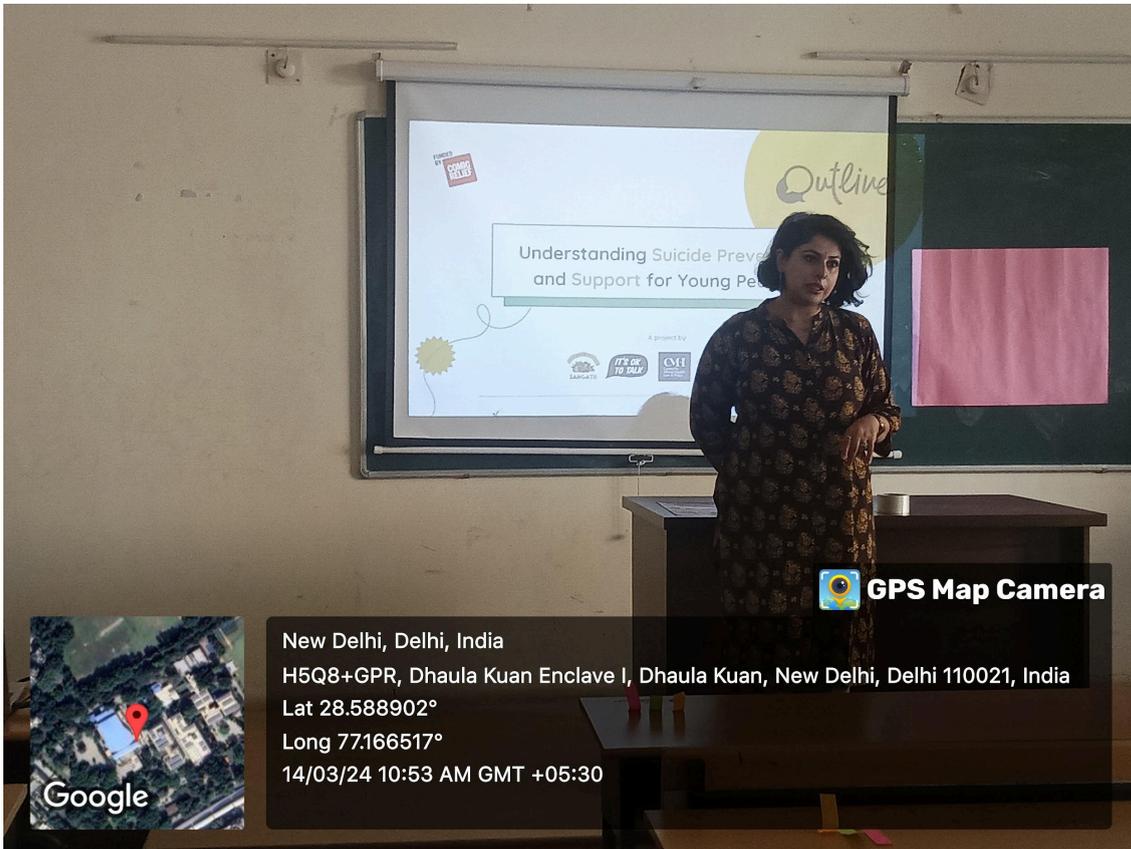
Empathise, the mental health society of Sri Venkateswara College organized and hosted a Suicide Prevention Workshop on 14th March 2024 in Room no 301.



The event was headed by Ms Lekhanshi Manocha who is a suicide prevention facilitator. She is pursuing a postgraduate degree in Psychology from North Campus, University of Delhi. Her passion lies in contributing to the society as a therapist, researcher, and mental health advocate and Ms. Neha Sharma who is a suicide prevention facilitator . She is currently pursuing a Bachelor's degree in Psychology from the School of Open Learning, University of Delhi. Neha is deeply passionate about making a difference in society through her work as a facilitator, mentor, and advocate for mental health and well-being.



The Session began after the convenor Dr. Ritika Singh addressed the gathering on behalf of Empathise and presented the speakers with the token of appreciation and welcomed them.



The workshop was highly interactive as there were fruitful discussions about myths and facts relating to suicide prevention. Further the speakers of the workshop also shared with the participants a real life documentary of a suicide survivor which inculcated great knowledge in the minds of the participants.

PERMISSION LETTER



PERMISSION FOR ORGANIZATION OF EVENTS

NOTE: 1. Please ensure that the completion certificate of the event is physically signed by the Convener of the event, IQAC Coordinator and Principal after the event report is made.
2. Please ensure a pre booking of the venue before getting the permission letter signed.
3. A copy of this duly filled form signed by the TIC/ Convener and Principal shall be submitted to ICT, Caretaker, IQAC Coordinator, Dr. Arpita Kaul for commerce, NSS, NCC, Placement and Sports events, Dr. Neelesh for humanities events, Dr. P. Jayaraj for sciences events.(mails mentioned in SOP)

EVENT DETAILS

1. Name of the Department/Society /Association: EMPATHISE- The mental health society
2. Name of the TIC/Convener (if any): Prof./Dr./Mr./Ms. RITIKA SINGH
3. Nature of Event: Seminar/Conference/Symposium/Workshop/FDP/Public or community outreach/ skill enhancement/others... WORKSHOP
4. Participants: Student-centric /Faculty/Both
5. Event Type: Offline/Online/Hybrid; Indoor/Outdoor
6. Collaborating Agency /Organization: OUTLIVE
7. Proposed Title of the Event: SUICIDE PREVENTION WORKSHOP
8. Tentative List of Speakers with affiliations: D. LEKHANSHI;
PSYCHOLOGIST - I D (TEAM MEMBER)
9. Date, Time from to : 14th March 2024; 10:00AM to 1:00PM
10. Financial Assistance/ Funding received (if any)
11. Proposed Budget (please attach details in a separate enclosure):
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12. Faculty responsible for Geo Tagged Pictures DR. RITIKA SINGH
13. Faculty responsible for Event Report DR. RITIKA SINGH
14. ICT support required, if any (ICT Lab, Laptop, LCD projector) .
15. Caretaker support required (tables, chairs, public addressing system, sanitation, manpower assistance) MIC, SPEAKER
16. Room requirement (Seminar/ any other) 301

Name & Signature of TIC/Convener
Ritika Singh

Signature of Principal
Anurag Raw

Date: 06/03/2024

Date:

ATTENDANCE



ATTENDANCE SHEET

TITLE OF THE EVENT: WORKSHOP ON SUICIDE PREVENTION

DATE OF THE EVENT: 14/03/2024

NAME OF THE DEPARTMENT/ SOCIETY: EMPATHISE - The Mental Health Society

NAME OF THE EVENT COORDINATOR: DR. RUTIKA SINGH

S.NO.	NAME OF THE STUDENT	ROLL NO. OF THE STUDENT	COURSE AND YEAR	SIGNATURE
1.	Vibhav Vatsa	1721027	B.Sc (H) Maths (3rd)	Vibhav Vatsa
2.	Varmaan	1721001	B.Sc (H) Maths (3rd)	Varmaan
3.	Nandini Agarwal	1721024	B.Sc (H) Maths (3rd)	Nandini
4.	Tilak Raj	2021035	B.Sc (H) Zoo (3rd)	Tilak Raj
5.	Mohd Sahil Singh	21079583076		
6.	Mohd. Sahil	1121084	B.Sc (P) Life Sci (3rd)	Mohd Sahil
7.	Ushita Sharma	1121137	B.Sc (P) Life Sci (3rd)	Ushita
8.	Aastha Tomar	1323011	B.Sc (H) Bio-Science	Aastha
9.	Kavita	0821019	B.A (H) Sociology	Kavita
10.	Rhythm Dhanraj	1722008	B.Sc (H) Maths	Rhythm
11.	Rashmi Bhandari	0622003	B.A (H) History (2nd)	Rashmi
12.	Sneha Singh	1223053	B.Sc (H) Biochemistry	Sneha
13.	Harshwardhan	0722029	B.A (H) Political Science	Harshwardhan
14.	Richa	1123007	Life Sciences - 1 st year	Richa
15.	Anshika Pandey	1123119	Life Science - 1 st year	Anshika
16.	Aayat Shifa	0223031	B.A (H) English	Aayat Shifa
17.	Shreya VS Sambhani Sharan	1021109	B.com (H)	Shreya VS Sambhani Sharan
18.	Chandan Sharma	0623014	B.A (H) History	Chandan Sharma
19.	Charan Sharma	1123158	B.Sc (P) Life Sci.	Charan Sharma
20.	Rashmi Dhanraj	0722008	B.A (H) Pol Science	Rashmi

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Empathise - The Mental Health Society
Sri Venkateswara College, University of Delhi

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Outline



Trainee facilitators with Outline

Lekhanshi Manocha

Neha Sharma

WORKSHOP ON SUICIDE PREVENTION

10:30 AM | 14.03.2024

ROOM NO. 301,
NEW BLOCK BUILDING



@empathisesvc

COMPLETION CERTIFICATE



Tirumala Tirupati Devasthanams
శ్రీ వేంకటేశ్వర కళాశాల
Sri Venkateswara College
(University of Delhi)
NAAC Grade A+

CERTIFICATE

This is to certify that the **SUICIDE PREVENTION WORKSHOP** was successfully conducted on **14th March 2024** from **10:30 am** to **12:30 pm** by **EMPATHISE - The Mental Health Society** in the **Offline** mode and its event report has been submitted to IQAC for records.

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Event In-Charge

[Signature]

IQAC Coordinator
Coordinator, IQAC
Sri Venkateswara College
(University of Delhi)
Dhaura Kuan, New Delhi-110021

[Signature]

Principal

PRINCIPAL
Sri Venkateswara College
(University of Delhi)
Dhaura Kuan, New Delhi-110021